

# Conestoga Boys Indoor Track & Field Records

Page 1 of 2

Event	Athlete(s)	Time/Dist.	Date	Site	Notes
<b>Running Events</b>					
<b>55 Meter Dash</b>	<b>Blair Brooks</b>	<b>6.67</b>	<b>1/10/11</b>	<b>Ursinus</b>	<b>Chester Co. Champs</b>
60 Meter Dash	Duwann Clarke	7.08	2/25/06	Penn State Univ	State Meet
60M Hurdles	<i>being researched...</i>				
200 Meters	Ryan Bird	22.35	2/16/02	Penn State	
200 Meters	Curtis Baylis	22.35	1/24/09	Penn State Univ.	Kevin Dare Invt.
400 Meters	Ryan Bird	49.41	3/02/02	Penn State Univ.	* 4th at State Meet *
800 Meters	J.C. Rizzo	1:57.97	2/23/08	Penn State Univ.	1st at Kevin Dare Invt.
Mile Run	Michael Sullivan	4:21.1	1979	Lehigh	
3000 Meters	Myles Lund	9:17.66	2/11/06	Lehigh Univ.	* 7th @ Track Carnival *
5000 Meters	Matt Fahey	17:15.15	3/10/06	NYC Armory	NSIC Champs (59th)
<i>50y Dash</i>	<i>Bryan Jackson</i>	<i>5.7</i>	<i>1980</i>	<i>Widener</i>	
<i>60y Dash</i>	<i>John Byrd</i>	<i>6.3</i>	<i>1981</i>	<i>Civic Center</i>	
<i>50y HH</i>	<i>Robert Archer</i>	<i>6.4</i>	<i>1980</i>	<i>Widener</i>	
<i>60y HH</i>	<i>Jeff Shumake</i>	<i>7.6</i>	<i>1987</i>	<i>Lehigh</i>	
<i>300 Meters</i>	<i>Jeff Shumake</i>	<i>37.0</i>	<i>1987</i>	<i>Haverford</i>	
<i>500 Meters</i>	<i>Jeff Shumake</i>	<i>68.5</i>	<i>1987</i>	<i>Haverford</i>	
<i>2-Mile Run</i>	<i>Michael Sullivan</i>	<i>9:37.2</i>	<i>1979</i>	<i>West Chester U.</i>	
<i>60 HH*</i>	<i>Craig Welburn</i>	<i>7.9</i>	<i>1966</i>	<i>Franklin Field</i>	<i>*4 hurdles</i>
<i>300 Yd.</i>	<i>Jeff Shumake</i>	<i>32.17</i>	<i>1987</i>	<i>Lehigh</i>	
<i>600 Yards</i>	<i>Nathan Byrd</i>	<i>74.2</i>	<i>1972</i>	<i>U. of Delaware</i>	
<i>1000 Yards</i>	<i>Michael Sullivan</i>	<i>2:15.7</i>	<i>1979</i>	<i>Lehigh</i>	
<b>Field Events</b>					
Shot Put	Steve Meyers	60-0	3/02/02	Penn State Univ.	**State Champion**
High Jump	Jim Jones	6-6	1976	Princeton	
Pole Vault	Dave Jones	12-6	1974	Civic Center	
Triple Jump	Nick Piccoli	40-11.5	1992	Lehigh	
Long Jump	Bryan Barley	21-2 1/2	1/06/07	Haverford	
<b>Relays</b>					
4x200 Meters	Kurt Whiteman (23.5) Will Betts (22.5) Connor Tait (23.1) Curtis Baylis (21.3)	1:31.15	3/6/10	Penn State Univ.	State Meet *3rd Place*
4x400 Meters	Curtis Baylis (51.1) J.C. Rizzo (49.9) Connor Tait (50.3) Tom Mayer (49.7)	3:21.65	2/21/09	Penn State Univ.	State Meet *2nd Place*
4x800 Meters	Dan Browne (2:02.5) Myles Lund (2:01.2) Tommy Ferguson (2:06) Travis Gerhardt (2:06)	8:16.70	1/21/06	NYC ARMORY	10th Place at New Balance Games
Sprint Medley (200, 200 400, 800)	Dan Abreu (24.8) Nick Brawner (25.1) Aaron Cherry (53.1) Matt Hegarty (2:03.9)	3:46.9	1998	Haverford	
Distance Medley (1200, 400 800, Mile)	Ray Sweeney John Davis Norm Verhoog Steve Weinstein	10:42.8	1974	Princeton	

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Page 2 of 2

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<b>Relays Cont.</b>					
<i>4 Lap Relay (10 Laps to the Mile track)</i>	<i>Drew Snader Craig Battisfore Jim Tamm Al Bank</i>	<i>1:17.9</i>	<i>1972</i>	<i>Widener</i>	
<i>4 Lap Relay (7 Laps to the mile track)</i>	<i>Tom Latta Jim Walsh Fritz Brenner Brian Holland</i>	<i>1:53.3</i>	<i>1977</i>	<i>Haverford</i>	
<i>4 x 220 Relay</i>	<i>Marquis Weeks (23.1) Paul Kravitz (23.9) Matt Hegarty (23.5) Aaron Cherry (23.1)</i>	<i>1:33.81</i>	<i>1998</i>	<i>Lehigh</i>	
<i>Mile Relay</i>	<i>Marquis Weeks (52.6) Paul Kravitz (53.3) Matt Hegarty (52.5) Aaron Cherry (51.7)</i>	<i>3:30.1</i>	<i>1998</i>	<i>Lehigh</i>	
<i>8 Lap Relay (7 Laps to the mile track)</i>	<i>Steve Austin Ray Sweeney Chris Dutzman Jeff Mitchell</i>	<i>4:24.4</i>	<i>1973</i>	<i>Haverford</i>	
<i>2 Mile Relay</i>	<i>Steve Weinstein Norm Verhoog Chris Dutzman Ray Sweeney</i>	<i>8:01.2</i>	<i>1974</i>	<i>Princeton</i>	
<i>Sprint Medley (220, 220 440, 880)</i>	<i>Ed Battisfore Craig Battisfore Al Banks Nathan Byrd</i>	<i>3:45.8</i>	<i>1971</i>	<i>ESU</i>	
<i>SMR (7 Laps to the mile track)</i>	<i>Fritz Brenner Jim Walsh Brian Holland Pete Tunnell</i>	<i>4:25.5</i>	<i>1977</i>	<i>Haverford</i>	

to convert a hand time to F.A.T. add .24

Shaded, italicized records have been retired

**Bolded Records were set during 2011 Season**

Revised 3.01.11

