

CONESTOGA WINTER TRACK & FIELD EVENTS CALENDAR

		-November 2011-					Dec 2011 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5 XC state championship Hershey, PA	
6 Daylight Savings	7	8 Winter T&F after school meeting	9	10	11	12	
13	14	15	16	17	18 No Practice	19	
20 XC Banquet Waynesborough CC	21 No Practice	22 No Practice	23 NO SCHOOL No Practice	24 <i>THANKSGIVING</i> NO SCHOOL No Practice	25 NO SCHOOL No Practice	26	
27	28 NO SCHOOL No Practice	29 1 st day of winter T&F! Meet in room 142, Dressed to workout By 3:00pm	30 -Time Trials for Track -Throwers reg. prac.	Notes: Athletes must have all paperwork updated and turned in on time to Athletic Department to be eligible for our roster!			

More Calendars: [December](#), [January](#), [February](#)

CONESTOGA WINTER TRACK & FIELD EVENTS CALENDAR

◀ Nov 2011	~ December 2011 ~						▶ Jan 2012
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Notes: We will not have mandatory practices for the team during winter break. Please follow your training regime over break!				1 Parent Meeting 7pm, Room 142	2	3 NO MEET	
4	5	6	7	8 "Spike Night" at Valley Forge Running Company (after practice) Pizza, and exclusive team discounts, etc.	9 Uniform Distribution (limited number of athletes)	10 NO MEET	
11	12 Final Deadline for team contract! (athlete & parent) contract is an online agreement	13 After practice Past Party in cafeteria	14 Hill School Invt. @ Ursinus College	15	16	17 Bishop Laughlin Games @NYC Armory (staggered departed times)	
18	19	20	21	22	23	24 NO MEET	
25	26 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	27 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	28 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	29 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	30 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	31 NYE NO MEET	

CONESTOGA WINTER TRACK & FIELD EVENTS CALENDAR

◀ Dec 2011	~ January 2012 ~						Feb 2012 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 New Years Day	2 WINTER BREAK NO SCHOOL No mandatory practice Follow training guide	3	4	5 Parent Social 7pm @ Paddock in Devon.	6	7 NO MEET	
8	9 Chester County Championships @ Ursinus College	10	11 After practice Past Party in cafeteria	12	13	14 Kutztown Invt.	
15	16 MLK Day - No School Practice 3-5pm (not mandatory)	17	18	19	20 Travel to Penn State leave after school <i>*bag check</i> <i>*permission slip</i>	21 PSU/ Kevin Dare Invitational	
22	23	24	25	26	27	28 No Meet SAT Testing Date	
29	30	31	Notes:				

CONESTOGA WINTER TRACK & FIELD EVENTS CALENDAR

◀ Jan 2012	~ February 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Poreda Invitational @ Lawrenceville School (New Jersey)	2 Groundhog's Day!	3 LAST DAY FOR ALL GROUP 3 ATHLETES	4 No Meet	
5	6 NJ Varsity Classic @ NYC Armory	7	8	9	10 LAST DAY FOR NON STATE QUALIFIERS	11 Maroon & Gold Invt. @ Kutztown Univ.	
12	13	14 <i>Valentines Day</i>	15 SPRING SPORTS PARENT MEETING	16	17	18 No Meet	
19	20 President's Day NO SCHOOL Mandatory practice for state qualifiers (3-4:15)	21	22	23	24 Travel to Penn State State Championships! * dismissed at 11:00am * Permission form * Bag check	25 PA State Championship @ Penn State Univ. (qualifiers only)	
26	27	28	29	Notes: Team Banquet: March 4 th at Waynesborough C.C.			